Alek Module 2021 Codebook

Version 1 (October 2021)

*Note: total count for module= 996*

**Survey Weights**

Weights have been created for the dataset using an iterative "raking'' process, as provided by the *ipfraking* command in STATA15. Marginal values were successively weighted according to

province, as well as gender, age group, and education level. All population data were taken

from the 2016 Canadian census. A maximum of 200 iterations were completed. The dataset

includes the weights produced as a variable:

* **cps21\_weight\_general\_all**

Note that respondents from the territories do not have weights, as they were not included in the sampling frame, because data collection in the territories is too sparse to be representative.

**Survey Instrument**

**Guide**

**DO\_ suffix** Display order variables. Included for questions with randomized-order response options.

**\_TEXT suffix** Response written in by the respondent.

**\_1** or **\_2** or **\_3,** etc. **suffix** Specific to the number corresponding to a response option.

**Varname** Words in blue are not variables, but preambles for a series of questions.

Lists with a dash show variables. Lists with bullets show response options. For example:

# Variable 1

* **Variable 2**
* Response option 1
* Response option 2

*Note: unless otherwise stated, the value “-99” is non-labeled.*

*If* ***Alek\_module\_condition*** *= “C2\_System\_threat”, display* **cps21\_Alek\_C2**

**cps21\_Alek\_C2** These days, many people in Canada feel disappointed with the nation’s condition. Many citizens feel that the country has reached a low point in terms of social, economic, and political factors. It seems that many countries are enjoying better social, economic, and political conditions than Canada. More and more Canadians express a willingness to leave Canada and immigrate to other nations.

**cps21\_Alek\_C2** De nos jours, de nombreuses personnes au Canada sont déçues de l'état de la nation. De nombreux citoyens estiment que le pays a atteint un point bas en termes de facteurs sociaux, économiques et politiques. Il paraît que de nombreux pays bénéficient de meilleures conditions sociales, économiques et politiques que ceux du Canada. De plus en plus de Canadiens expriment leur volonté de quitter le Canada et d'immigrer vers d'autres nations.

*Note: count for condition “****C2\_System\_threat****”=326*

*If* ***Alek\_module\_condition*** *= “C3\_System\_affirming”, display* ***csp21\_Alex\_C3***

**csp21\_Alex\_C3** These days, despite the difficulties the nation is facing, many people in Canada feel safer and more secure relative to the past. Many citizens feel that the country is relatively stable in terms of social, economic, and political factors. It seems that compared with many countries in the world the social, economic, and political conditions in Canada are relatively good. Very few Canadians express a willingness to leave Canada and immigrate to other nations.

**csp21\_Alex\_C3** De nos jours, malgré les difficultés auxquelles le pays est confronté, de nombreuses personnes au Canada se sentent plus en sécurité et plus sûres par rapport au passé. De nombreux citoyens estiment que le pays est relativement stable en termes de facteurs sociaux, économiques et politiques. Il paraît que par rapport à de nombreux pays dans le monde, les conditions sociales, économiques et politiques au Canada sont relativement bonnes. Très peu de Canadiens expriment une volonté de quitter le Canada et d'immigrer dans d'autres pays.

*Note: count for condition “****C3\_System\_affirming****”= 353*

*Note: “****Alek\_module\_condition****” also has a control condition. Count for the* ***control condition****= 317*

*If* ***Alek\_module*** *= “C1\_Control” or “C2\_System\_threat” or “C3\_System\_affirming”, display* ***cps21\_Alek\_Q1***

**cps21\_Alek\_Q1** Now we have some questions about your sleep preferences. On free days (please only judge normal free days, i.e., without parties, etc.), I normally wake up at...

▼ 4:00 AM – 4:29 AM (1) ... 3:30 AM – 3:59 AM (48)

* 1 "4:00 AM – 4:29 AM”
* 2 "4:30 AM – 4:59 AM"
* 3 "5:00 AM – 5:29 AM"
* 4 "5:30 AM – 5:59 AM"
* 5 "6:00 AM – 6:29 AM"
* 6 "6:30 AM – 6:59 AM"
* 7 "7:00 AM – 7:29 AM"
* 8 "7:30 AM – 7:59 AM"
* 9 "8:00 AM – 8:29 AM"
* 10 "8:30 AM – 8:59 AM"
* 11 "9:00 AM – 9:29 AM"
* 12 "9:30 AM – 9:59 AM"
* 13 "10:00 AM – 10:29 AM"
* 14 "10:30 AM – 10:59 AM"
* 15 "11:00 AM – 11:29 AM"
* 16 "11:30 AM – 11:59 AM"
* 17 "Noon – 12:29 PM"
* 18 "12:30 PM – 12:59 PM"
* 19 "1:00 PM – 1:29 PM"
* 20 "1:30 PM – 1:59 PM"
* 21 "2:00 PM – 2:29 PM"
* 22 "2:30 PM – 2:59 PM"
* 23 "3:00 PM – 3:29 PM"
* 24 "3:30 PM – 3:59 PM"
* 25 "4:00 PM – 4:29 PM"
* 26 "4:30 PM – 4:59 PM"
* 27 "5:00 PM – 5:29 PM"
* 28 "5:30 PM – 5:59 PM"
* 29 "6:00 PM – 6:29 PM"
* 30 "6:30 PM – 6:59 PM"
* 31 "7:00 PM – 7:29 PM"
* 32 "7:30 PM – 7:59 PM"
* 33 "8:00 PM – 8:29 PM"
* 34 "8:30 PM – 8:59 PM"
* 35 "9:00 PM – 9:29 PM"
* 36 "9:30 PM – 9:59 PM"
* 37 "10:00 PM – 10:29 PM"
* 38 "10:30 PM – 10:59 PM"
* 39 "11:00 PM – 11:29 PM"
* 40 "11:30 PM – 11:59 PM"
* 41 "Midnight – 12:29 AM"
* 42 "12:30 AM – 12:59 AM"
* 43 "1:00 AM – 1:29 AM"
* 44 "1:30 AM – 1:59 AM"
* 45 "2:00 AM – 2:29 AM"
* 46 "2:30 AM – 2:59 AM"
* 47 "3:00 AM – 3:29 AM"
* 48 "3:30 AM – 3:59 AM"

**cps21\_Alek\_Q1** Nous avons maintenant quelques questions sur vos préférences en matière de sommeil. Les jours libres (veuillez ne juger que les jours libres normaux, c'est-à-dire sans fêtes, etc.), je me réveille normalement à...

▼ 04h00 – 04h29 (1) ... 3h30 – 3h59 (48)

**cps21\_Alek\_Q2** On nights before free days, I go to bed at…

▼ 6:00 PM – 6:29 PM (1) ... 5:30 PM – 5:59 PM (48)

* 1 "6:00 PM – 6:29 PM"
* 2 "6:30 PM – 6:59 PM"
* 3 "7:00 PM – 7:29 PM"
* 4 "7:30 PM – 7:59 PM"
* 5 "8:00 PM – 8:29 PM"
* 6 "8:30 PM – 8:59 PM"
* 7 "9:00 PM – 9:29 PM"
* 8 "9:30 PM – 9:59 PM"
* 9 "10:00 PM – 10:29 PM"
* 10 "10:30 PM – 10:59 PM"
* 11 "11:00 PM – 11:29 PM"
* 12 "11:30 PM – 11:59 PM"
* 13 "Midnight – 12:29 AM"
* 14 "12:30 AM – 12:59 AM"
* 15 "1:00 AM – 1:29 AM"
* 16 "1:30 AM – 1:59 AM"
* 17 "2:00 AM – 2:29 AM"
* 18 "2:30 AM – 2:59 AM"
* 19 "3:00 AM – 3:29 AM"
* 20 "3:30 AM – 3:59 AM"
* 21 "4:00 AM – 4:29 AM"
* 22 "4:30 AM – 4:59 AM"
* 23 "5:00 AM – 5:29 AM"
* 24 "5:30 AM – 5:59 AM"
* 25 "6:00 AM – 6:29 AM"
* 26 "6:30 AM – 6:59 AM"
* 27 "7:00 AM – 7:29 AM"
* 28 "7:30 AM – 7:59 AM"
* 29 "8:00 AM – 8:29 AM"
* 30 "8:30 AM – 8:59 AM"
* 31 "9:00 AM – 9:29 AM"
* 32 "9:30 AM – 9:59 AM"
* 33 "10:00 AM – 10:29 AM"
* 34 "10:30 AM – 10:59 AM"
* 35 "11:00 AM – 11:29 AM"
* 36 "11:30 AM – 11:59 AM"
* 37 "Noon – 12:29 PM"
* 38 "12:30 PM – 12:59 PM"
* 39 "1:00 PM – 1:29 PM"
* 40 "1:30 PM – 1:59 PM"
* 41 "2:00 PM – 2:29 PM"
* 42 "2:30 PM – 2:59 PM"
* 43 "3:00 PM – 3:29 PM"
* 44 "3:30 PM – 3:59 PM"
* 45 "4:00 PM – 4:29 PM"
* 46 "4:30 PM – 4:59 PM"
* 47 "5:00 PM – 5:29 PM"
* 48 "5:30 PM – 5:59 PM"

**cps21\_Alek\_Q2** Les soirs avant les jours libres, je vais me coucher à…

▼ 18h00 – 18h29 (1) ... 17h30 – 17h59 (48)

**cps21\_Alek\_Q3** and it takes me \_\_\_\_\_\_ minutes to fall asleep (please type a number)

**cps21\_Alek\_Q3** et il me faut \_\_\_\_\_\_ minutes pour m'endormir (veuillez saisir un nombre)

*Note: Respondents had a blank space to write in their response to* ***cps21\_Alek\_Q3****.*

**cps21\_Alex\_Q4** There are some activities that people feel are proper to do only at certain times of day. There are other activities that people feel are appropriate to do at any time of day. For each activity below, please indicate whether you believe there are times of day when it is proper

or improper to do that activity, or whether you think people should do that activity at whatever time of day suits them.

* **cps21\_Alex\_Q4\_1** Relaxing with friends or family
* **cps21\_Alex\_Q4\_2** Exercising
* **cps21\_Alex\_Q4\_3** Watching the news
* **cps21\_Alex\_Q4\_4** Reading the news
* **cps21\_Alex\_Q4\_5** Checking personal email
* **cps21\_Alex\_Q4\_6** Watching TV
* **cps21\_Alex\_Q4\_7** Watching videos online
* **cps21\_Alex\_Q4\_8** Reading a book
* **cps21\_Alex\_Q4\_9** Doing leisure activities
* **cps21\_Alex\_Q4\_10** Eating meals with friends
* **cps21\_Alex\_Q4\_11** Eating pizza
* **cps21\_Alex\_Q4\_12** Trimming one’s nails
* **cps21\_Alex\_Q4\_13** Styling one’s hair
* **cps21\_Alex\_Q4\_14** Drinking tea
* **cps21\_Alex\_Q4\_15** Drinking alcohol
* **cps21\_Alex\_Q4\_16** Washing one’s hands
* **cps21\_Alex\_Q4\_17** Getting out of bed

each coded

* There are proper or improper times of day to do this activity (1)
* People should do this activity at whatever time of day suits them (2)

**cps21\_Alex\_Q4** Il y a certaines activités que les gens jugent appropriées de ne faire qu'à certains moments de la journée. Il existe d'autres activités que les gens jugent appropriées à tout moment de la journée. Pour chaque activité ci-dessous, veuillez indiquer si vous pensez qu'il y a des moments de la journée où il est approprié ou inapproprié de faire cette activité, ou si vous pensez que les gens devraient faire cette activité à n'importe quel moment de la journée qui leur convient.

* **cps21\_Alex\_Q4\_1** Se détendre entre amis ou en famille
* **cps21\_Alex\_Q4\_2** Faire de l'exercice
* **cps21\_Alex\_Q4\_3** Regarder les nouvelles
* **cps21\_Alex\_Q4\_4** Lire les nouvelles
* **cps21\_Alex\_Q4\_5** Vérification de l'email personnel
* **cps21\_Alex\_Q4\_6** Regarder la télévision
* **cps21\_Alex\_Q4\_7** Regarder des vidéos en ligne
* **cps21\_Alex\_Q4\_8** Lire un livre
* **cps21\_Alex\_Q4\_9** Faire des activités de loisirs
* **cps21\_Alex\_Q4\_10** Manger avec des amis
* **cps21\_Alex\_Q4\_11** Manger des pizzas
* **cps21\_Alex\_Q4\_12** Se couper les ongles
* **cps21\_Alex\_Q4\_13** Se coiffer
* **cps21\_Alex\_Q4\_14** Boire du thé
* **cps21\_Alex\_Q4\_15** Boire de l'alcool
* **cps21\_Alex\_Q4\_16** Se laver les mains
* **cps21\_Alex\_Q4\_17** Sortir du lit

each coded

* Il y a des moments de la journée appropriés ou inappropriés pour faire cette activité (1)
* Les gens devraient faire cette activité à n'importe quel moment de la journée qui leur convient (2)

*Note: Note: Variables starting with* ***cps21\_Alex\_Q4\_DO\_*** *give the display order for each response option in* ***cps21\_Alex\_Q4.***